



# Josiah's Assistants' News

## Healthy Futures Collaborative

### Points Of Interests

- ✧ Healthy Futures Collaborative: reflections on the first year of the project and the relationships we have built.
- ✧ Donor Spotlight: Amber Spradlin, LMT
- ✧ Quality Rental Housing Workgroup and JHC
- ✧ Mark Your Calendar: May 15th - Leaving a Legacy
- ✧ Josiah Hill III Day in Oregon

Turning the corner you can hear laughter and passionate discussion coming from the Healthy Futures Collaborative meeting room. The group, which is a partnership between Latina and Somali community members as well as community organizations and agencies, has worked together now for over one year. Building relationships and rapport has been central to the Collaborative, which seeks to utilize a community-driven process to address environmental toxins and healthy housing concerns in the Cully neighborhood. "I see this project as being led by the community, and JHC is here to help provide support and resources to meet their needs", stated Erin McNally, Executive Director. The Healthy Futures Collaborative has provided 71 healthy home assessments, co-developed and led community trainings, in addition to identifying, prioritizing, and taking actions around green cleaning, lead, and tenant's rights. "The community leaders are amazing and we look

forward to building upon their enthusiasm and knowledge to expand the healthy home services further." The Healthy Futures Collaborative is supported by the Northwest Health Foundation, Providence Health and Services, and Portland State University's School of Community Health, as well as individual contributions.

If you have a suggestion about a potential funding partner, or if you would like to make an individual donation, contact Erin McNally at 503.334.9694



Amber and Chris Hall at the 2007 Leaving a Legacy event.



HFC Focus Group with Latino Mothers

### Donor Spotlight: Amber Spradlin, LMT

Amber has been both an individual contributor to Josiah Hill III Clinic as well as a business partner. Amber has donated massages to JHC which have been used to appreciate our volunteers and supporters! We greatly value Amber's support and enthusiasm.

Q: What interests you in the work of JHC {to work towards equitable & healthy environments for children and families}?

A: As a health care provider, it is

important to me that people see connections between their health and their daily lives, including the environment in which they live. Of course, access to healthy environments varies so much within our city, as does access to equitable health care. So I think that my support of JHC comes out of a recognition that they are doing a very good job at helping to create better access to health resources in general, a very strong passion for me in both my personal and professional life.

Also, having worked in the non-profit community before I became a massage therapist, it is important to me to stay connected with local nonprofits. Because JHC is so responsible both fiscally and within its own community, it makes it easy for me to stay excited about supporting them.

To learn more about her massage practice, please visit [www.spradlinbodyworks.com](http://www.spradlinbodyworks.com)

## Take Time to Reflect on Josiah Hill Day, Feb 20<sup>th</sup>

A resolution, which was sponsored by Senator Avel Gordly, was passed by the 71<sup>st</sup> Oregon Legislative Assembly in 2001 and proclaimed Feb 20<sup>th</sup> as Josiah Hill Day. It is important to our organization to honor Josiah's spirit on His day each and every year. This

year, Josiah Hill III Clinic is engaging youth through a healthy housing arts project. Please pause, reflect, and remember to take the time in life to enjoy youth, laugh, and draw outside the lines!



**Mark Your Calendars for the second annual Leaving a Legacy event May 15<sup>th</sup>**

Josiah Hill III Clinic is hosting our second annual Leaving a Legacy fundraising event on May 15<sup>th</sup> 2008 from 5:30-8:30pm in the Atrium of Legacy Emanuel's Children Hospital. Last year we were joined by nearly 150 attendees! Funds raised from the event directly support Josiah Hill III Clinic's preventative environmental health efforts. This year, we are seeking to expand upon our in-home education and resource project, which provides information on topic areas such as lead, mold, household chemicals, and "green cleaning". As a volunteer-rich organization, funds help us keep our volunteers engaged and appreciated.

Learn more about Leaving a Legacy and reserve your space at [www.jhillclinic.org](http://www.jhillclinic.org)

## Josiah Hill III Clinic is an active member of the Quality Rental Housing Workgroup

The City of Portland, Bureau of Housing and Community Development (BHCD), has convened the Quality Rental Housing Workgroup (QRHW). The QRHW is exploring the issues of substandard housing, housing habitability, and environmental hazards in rental housing in Portland. The QRHW began by examining the scope of these issues in the local rental housing stock through a review of existing data. The QRHW is now following up by suggesting policy and program strategies that could be used to increase compliance with existing habitability laws and support the maintenance of quality rental housing for low-income house-

holds. Proposals to council are scheduled to occur in the summer of 2008. Representatives from landlord associations, tenant advocates, public health officials, and community nonprofits we invited to serve on the QRHW. Josiah Hill III Clinic is an active member and is also Chair of the Health subcommittee for the Workgroup.

To learn more about the Workgroup visit <http://www.portlandonline.com/bhcd> To learn more about the Health Subcommittee's efforts call or email Erin McNally 503.334.9694 [erin@jhillclinic.org](mailto:erin@jhillclinic.org)



Samantha Kaan, PSU intern holds a graphic she made to begin dissemination of findings from HFC in-home assessment surveys.



Carmen Pulido, HFC Community Scientist, displays the award she received from the Central Northeast Neighbors for her HFC

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